

Kaplan Aspect Sacramento

Sacramento is known as The City of Trees and is the gateway to California's Gold Country. Our building is situated on the scenic American River and provides easy access to Sacramento's most popular shopping, eating, and entertainment establishments. In addition, as neighbours to California State University, we are in the heart of the city's academia. International students discover that Sacramento, the state capital, is a large city with a small town feeling known for its friendliness and safety. Nestled between the Pacific Ocean coast and the Sierra Nevada Mountain range, we are privileged to enjoy a mild year-round climate.

Sacramento is a safe and friendly city with lots to offer for a great student experience! Our school offers first-class modern facilities with an extensive library of self-study material to be used in centre. The self-study material includes access to the school's video lab/computer lab with over 15 TVs and VCRs, and 15 computers. There are 4 student Internet computers available for research and e-mail.

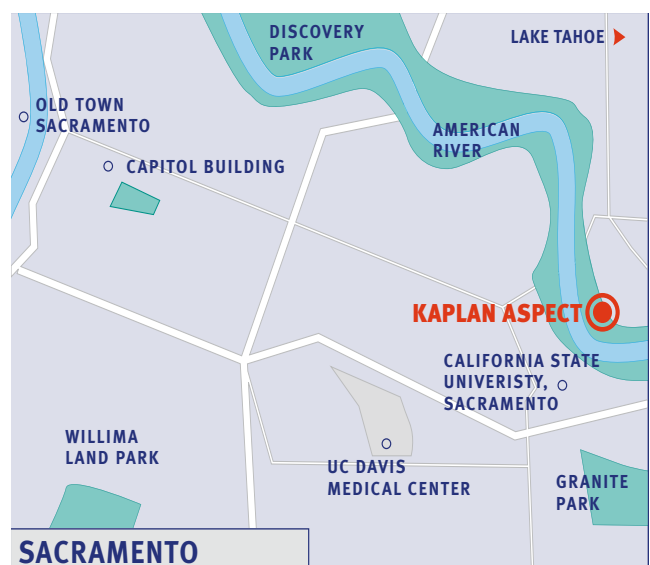


Kaplan Aspect Sacramento

Kaplan Aspect Educational Programs in the USA are accredited by the Accrediting Council for Continuing Education and Training.



Kaplan Aspect is a member of AAIEP (American Association of Intensive English Programmes), TESOL (Teachers of English to Speakers of Other Languages) and NAESA (Association for International Educators).



Kaplan Aspect Sacramento
955 University Avenue
Sacramento CA 95825
USA

School Facilities

Classrooms

The Kaplan Aspect School has 8 classrooms with comfortable seating. All of our classrooms are clean and spacious with plenty of room for our students to spread out. Each room has TVs/audio equipment. There is also one projector in the school for orientation day, movies, etc.

Multimedia and IT centre

There are 4 Internet computers and 4 lab computers specifically for English students.

Library

Our lending library has a variety of textbooks, dictionaries, tests and reference materials for students to use for additional practice. We also have multimedia materials (CDs, DVDs and CD ROMs) for students to borrow and use during their structured study hours.

Student Lounge

There is a student lounge equipped with 3 microwaves, refrigerator, and vending machines.

Cafeteria

There is a spacious outdoor patio area where students can enjoy lunch in nice weather.

Sports facilities

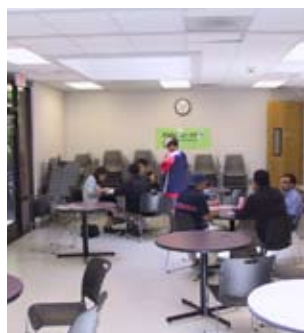
There are 40 miles of trails along the American River, on which the school is located.

Gym facilities

There is a 24 Hour Fitness within a 10 minute walk of the school, where students can enjoy a full indoor fitness facility.

Activities/Social Programme

A varied activities programme is planned every month. There are also many cultural activities on offer in Sacramento and outdoor activities such as skiing, snowboarding and rafting which students can enjoy in the surrounding area.



Student lounge



Footbridge to CSUS

Your first day

On the first day of your course you need to report to Kaplan Aspect School, which is located on the 955 University Avenue, at 9:00am. Your first day will be a Monday unless there is a national holiday on the Monday - in which case your first day will be Tuesday.

Your course will begin with an all-day introduction, which will include:

- Welcome New Students, Tour of School
 - Break
 - Placement Test
 - Lunch at California State University,
 - Orientation Folders, Enrolment Agreement, Health Insurance, Collect and Copy student information
 - Cultural Information, Class Schedules, Course Information
 - F-1 Policies and Procedures - Visa Information
 - Homestay/Apartment Policies and Procedures
- Please bring the following with you:
- Passport and I-94 Form (Green piece of paper you will receive upon arrival to the USA)
 - I-20 Form (Certificate of Eligibility), if required
 - Proof of Health Insurance, if required
 - Your address in the USA
 - Course Payment/Voucher, if available
 - All your Kaplan Aspect documents and a pen and paper for notetaking purposes.

At the end of the day you will have information about your class schedule, classroom number, study level, elective course, and the hours you are to attend class. You will be assigned the most appropriate class for your level of English.

Local Information

Transport - buses and trains

Buses to all areas of Sacramento available within a 10 minute walk of the school.

Banks and Post Office

There are several banks within a 10 minute walk of the school, and there is a post office within 20 minutes of the school.

Restaurants and cafés

There are a variety of options available on campus and within a 15 minute walk off campus

Department stores and supermarkets

Within 15 minutes of the school there is a variety of stores and supermarkets.

Telephone and Internet Café

Telephone and Internet are available on campus and within a 15 minute walk of the school.

Church / Mosque

There are Catholic and Lutheran churches nearby, and a mosque about 15 minutes from the school.



California state capitol building

Sample Activities Schedule

Please note that this is a sample programme and activities may change. See a current activities schedule at: www.kaplanaspect.com

Week one

Monday	Welcome new students!
Tuesday	Student of the month luncheon
Wednesday	Talk time coffee hour
Thursday	Kick Ball
Friday	Night club
Saturday	Napa valley tour

Week two

Monday	NY Film Academy presentation
Tuesday	Running club
Wednesday	Talk time coffee hour
Thursday	Tour of Sacramento State University
Friday	Movie Night
Saturday	Skiing trip to Lake Tahoe

Cost of Living

Approximate prices in USD

Sandwich	\$6
Lunch	\$10
Hamburger	\$4
Meal in restaurant	\$15-20
Tea/Coffee	\$2-3
Tickets:	
Movie	\$8
Bus	\$1.25
Weekly metro pass or equivalent	\$85

The Team

Kaplan Aspect School Sacramento



Student Services Coordinator:

Larissa Long

Larissa is responsible for student housing and activities. She will help you with any questions you may have about your accommodation and will help make your stay in Sacramento enjoyable.



International Student Advisor / Designated School Official (DSO):

Sachina Shrestha-Fields

Sachina is responsible for student enrolment and advice. She can answer your questions relating to your enrolment with Kaplan Aspect and any other matters which might arise during your stay.

Course Information

Courses

- Vacation English
- General English
- Intensive English
- TOEFL iBT and Academic English
- iGMAT/iGRE
- General Academic Year
- Intensive Academic Year
- General Academic Semester
- Intensive Academic Semester

Services

- University Placement

Transfer Information

Kaplan Aspect transfers

Your arrival will be at San Francisco or Oakland International airport. If you have booked a transfer service in advance, a Kaplan Aspect representative will be waiting for you after you holding a sign with your name on. Before your departure, you will receive a document confirming this information.

Independent Transfers

If you prefer to arrange your own transport from Sacramento International Airport (SMF) you can take one of the following options from SMF airport to the school:

Shuttle: \$20

Taxi: approx. \$40

Car Rental: approx. \$40 - 70 per day